

## **CREMA CATALAN**

## Serves 2

- 375ml cream (thickened)
- 375ml milk (full fat)
- 1 cinnamon stick
- peel of ½ lemon
- peel of ½ orange
- 6 egg yolks
- 85g castor sugar, plus extra 4 tablespoons for toffee crust
- 2 tablespoons cornflour
- 3 tablespoons (xg) finely grated "Red Hill Truffles fresh truffle, using a micro-plane

- 1 Place cream, milk, cinnamon, orange and lemon peels, in a medium-heavy based saucepan over a medium heat and bring just to a high simmer (not a boil).

  Allow to cool for 20 minutes for flavours to infuse.

  Strain through a fine sieve into a jug, discarding solids.
- 2 Whisk yolks and sugar until pale and creamy.
  Whisk in the cornflour until combined, then gradually whisk in cooled cream mixture until well combined.
- **3** Return mixture to a clean heavy-based medium saucepan over a low-medium heat, stirring continuously for about 15-20 minutes (to avoid the egg scrambling on the base), until the mixture begins to bubble, thicken and coats the back of a wooden spoon.
- 4 Strain through a fine sieve into a jug, discarding any scrambled egg pieces. Stir through the truffle. Pour the custard into four 180ml (3/4 cup) capacity shallow ramekins.
- 5 Transfer the ramekins to a tray and place in fridge for 6 hours or preferably overnight, until custard is set.
- 6 To serve, sprinkle 1 tablespoon of sugar evenly over tops of each chilled ramekin. Using a kitchen blow torch, caramelise the sugar to make a hard toffee crust.
  Serve immediately.



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